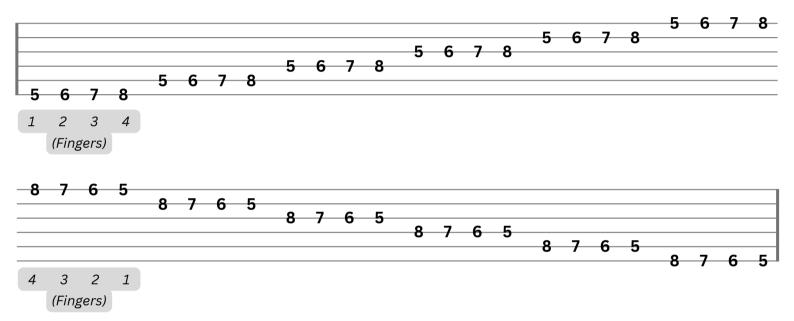
## Guitar Classroom Mini Masterclass Series

# Finger Flexibility and Coordination!

Do you struggle with finger flexibility or coordination? Try the exercises below to level up your skills!

#### The Crabwalk:

- Start slowly, using the tips of your fingers, and ensure you're getting a clear sound on each note.
- Use alternate picking (downward pick the first note, upward pick the following note, etc.).
- Use the correct fingers (noted below the music for reference).



### **Variations:**

Continue to develop your speed with the exercise above, and try out the following variations to improve your skills further:

2x per note (play each note two times, using alternate picking)
2x per string (play each string two times, continuing to use alternate picking)
4x per note (try to increase your alternate picking speed with this one!)
4x per string (try to increase your finger speed with this one!)
Try the above variations without looking at your guitar/hands!
Try this exercise starting on different frets (frets 1-2-3-4, or frets 9-10-11-12).

#### **30 Day Practice Tracker**