

- Want to master Power Chords quickly?! Try this exercise below to fast track your power chord skills. This exercise will quickly build strength, speed and coordination. This is a great pre requisite to bar chords.

- ### Instructions:

	3	4			5	6			7	8			9
3	3	4	4	5	5	6	6	7	7	8	8	9	9
3	1	2	4	5	3	4	6	7	5	6	8	9	7
1			2	3			4	5			6	7	

9			8	7			6	5			4	3	
9	9	8	8	7	7	6	6	5	5	4	4	3	3
7	9	8	6	5	7	6	4	3	5	4	2	1	3
	7	6			5	4			3	2			1



Tip: Make sure your using the tips of your fingers, and that your fingers are placed just behind the fret.

30 Day Practice Tracker